



# CAN DO LAND TOURS GHANA

## Senase Home Stay Trip

**3 DAYS, 2NIGHT (25<sup>TH</sup> – 27<sup>TH</sup> OCT)**

**388 USD pp.  
(10% goes The GodFred's Foundation)**

### Day 1

Meet the team from Can Do Land Tour at the port gate at 6:00am. The gate is about a 2minutes walk from the ship. We suggest that you meet as a group prior to disembarking, so that you can travel to the meeting point together. This will make it easy for all of us to have enough time for the amazing experience ahead of us.

Depart Tema through the beautiful vegetation and small villages of Kumasi (Ashante Kingdom), which was the greatest empire in West Africa in the Ashanti Region. In Kumasi, we will visit the culture and art centre to shop for some souvenirs and local artefacts, then go to a local restaurant for a delicious buffet of traditional foods of Ghana. At the restaurant, lunch and one bottle of water are provided; you will need to pay for any extra thing you purchase.

After lunch, we will leave Kumasi and head northwest to Senase. Please note: traveling in Ghana will be very different than what you are used to in the United States—some roads may be unpaved, and there might be a lot of traffic. Therefore, the drive from Kumasi to Senase could take anywhere between 2-3 hours.

Depending on the time we will arrive in Senase, The Elders of the village will come and welcome us into Senase, as tradition requires of them. After a warmly welcome and a few minutes of cultural displayed with the elders, we will walk through the village to have a traditional dinner together (**Note:** purified water will be provided for all meals.) After dinner, we will be divided into groups of 2-4 people and then head out to meet our host families.

### Day 2:

After waking up to the sounds of roosters, birds and children in the village, you will have some time to meet with your family before leaving to have breakfast with the group. Breakfast will be a hot porridge (similar to cream of wheat in the United States) but known here as Tombrown and fresh bread.

After breakfast, we will then visit a local church and join them for service. (This will be an option, people who wants to spend more time with their host family or even go to church with their host family will be a great experience to have since Ghanaians are very religious)

After church, we will return home for a traditional lunch (Red Red, fried plantain and beans stew). After lunch, we will leave as a group to only orphanage home in the whole Berekum district to spend the rest of the day with the kids. We will know how they spend their weekends, help them with their house chose and also their homework.

After sunset, we will return home for another delicious traditional dinner (There will be fufu, rice and stew and Ampesi for you to chose from). After dinner, we will drive from Senase to Berekum, a bigger city, to experience some awesome nightlife with Ghanaian music and all varieties of local drinks, until we are tired. **Note:** public intoxication in Ghana is strictly taboo and considered extremely disrespectful, so it is expected that you will drink responsibly.

### Day 3

After breakfast, we will divide ourselves into groups and spend the morning at schools in the Senase village as well as nearby villages. At school, we will assist the teachers in their lessons for the day, as well as provide fun activities for the children (painting, colouring, singing, games, etc.). We will then say goodbye to the kids after the first lessons with them and head back to Tema (Port).

We may make a second stop in Kumasi in case we couldn't shop on the first day.